Temple Grandin: My Life in Pictures

A Coloring Book for Children about Autism

by Mary Carpenter

Illustrated by autistic artists from the Project Onward initiative

For parents:

Temple Grandin
Starring Claire Danes
Premieres Saturday, February 6th at 8PM

HBO TPG
Introduction

Thank you for your interest in Temple Grandin: My Life in Pictures. All of the illustrations in this book were created by autistic artists through a partnership with the Project Onward initiative. Project Onward supports the creative growth of visual artists with mental and developmental disabilities by providing studio space, art supplies, and professional guidance to emerging artists in a communal workshop environment. Through exhibitions and sales of the artists’ work, Project Onward provides earned income and a sense of personal achievement, while integrating the artists into the wider arts community.

We hope that this coloring book will help raise awareness and support for Autism and that Temple Grandin’s extraordinary life story will help foster in children a sense of understanding and tolerance for those who might be labeled “different.”

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A girl named Temple Grandin believes that she sees the world just like cows do.

Just like cows, she is happiest when she knows where she is going.

Just like cows, she becomes upset by unexpected noises and bright lights.

Just like cows, she has a hard time calming down.
Temple’s mother tells her: “Be proud you are different.” Even if you don’t do well in school or have a lot of friends, you can still be good at many things.

Using her special talents, Temple becomes a scientist working hard to improve the lives of cows.
As a little girl, Temple Grandin doesn’t talk. Doctors tell her mother, Eustacia, “Your daughter must be sent away to get help.” Her mother argues: “You’re not taking my child away!”
Temple’s hat feels tight and prickly, and she throws it out the car window. Her mother reaches out to catch it and swerves into the path of a huge truck. The car window shatters, and Temple screams, “Ice, ice, ice!”

Temple says her first words! Temple can talk!
Temple is afraid that her mother’s hugs will be too tight and will hurt her. Bright lights and loud noises also scare her. When frightened, Temple throws herself onto the floor, and kicks and claws in frustration. To feel better, she rocks in the corner of her room or crawls under heavy sofa cushions.
When Temple is 5, doctors tell her mother that she has something called autism. Children with autism can be very smart, but they have trouble talking and getting along with others.
For hours at the beach, Temple runs sand through her fingers, carefully watching its color, size, and shape. She’s a scientist!
When Temple hears the word “steeple,” her mind flips through images of each church steeple she’s ever seen. Temple says later, “I think in pictures!”
By third grade, Temple has not learned to read. Everyday in their sunny kitchen Temple tries to sound out words. At school, Temple annoys her classmates by talking about the same things over and over.
“But Temple makes neat things!” says Temple’s best friend Eleanor. The model helicopter Temple designs flies high above the playground’s tallest tree.
At the school’s pet show, Temple comes dressed as a dog and spends the whole day barking, lying down and rolling over. Everyone laughs, and she wins a blue ribbon.
When school is confusing and noisy, Temple feels like she’s inside a pinball machine. She is bored and frustrated, and has trouble getting along with other children and her teachers.
At a snowy mountain boarding school, Temple learns to ride horses. Her favorite is named Chestnut. Here Temple discovers she has a special understanding of animals.

The science teacher Mr. Carlock invites Temple to work in his lab. She makes different kinds of rockets and tests them out.
As a teenager, Temple spends the summer on her Aunt Ann’s ranch in Arizona. She watches and touches cows being herded through a chute. Temple notices that where the chute gets thinner, the cows become calm.
One day Temple gets upset and convinces Aunt Ann to put her in a chute. When the chute squeezes Temple, she feels calm, too. She says, “I want to make a cattle chute for people like me.”
Now Temple does well at math and science. In Mr. Carlock’s lab, she builds a machine that gives her squeezes she is not afraid of. These are the kind of hugs that make Temple feel safe and loved. The squeeze machine helps Temple relax and get along better with everyone.
When Temple feels scared about going to college, she pictures a door and imagines herself opening that door and walking through. These pictures in her mind help her feel better.
At college, they try to take away Temple’s squeeze machine, but she shows them how being squeezed helps many students calm down.
As an adult, Temple goes back to school to study cows. She learns that a cow’s moos tell how upset he is.
Cows suffer because people don’t understand them, says Temple. She believes it is her job to help make cows, pigs, and sheep feel better.
Temple learns to make special designs called blueprints that help plan how to build things. Temple discovers that she can create these designs in her head. Because she can think like a cow, Temple can see in her mind how a cow would move through the structures she designs.
“I’m an engineer because of my ability to see things in pictures,” Temple says. Yelling at cows to keep them moving scares them, and it takes hours to calm them down. When Temple’s chutes keep cows calmer, the ranchers save time and money.
Temple builds her first ramp for cows with solid, curved walls. Now the cows don’t get distracted and they are calmer. They like walking in circles.
Temple creates a system for measuring exactly how cows feel based on their moos. Fast-food companies hire Temple to make sure their hamburgers come from cows that are treated kindly.
Temple writes magazine articles and books. She goes all around the country talking about being kind to cows and about people with autism. The child who couldn’t talk or read becomes a famous writer and speaker.
Sometimes it is still hard for Temple to understand how other people think and feel. She knows she is different. She uses her special talents to do good work, which gains Temple respect and friendship, and allows her to lead an independent and very successful life.
About the Author

Mary Carpenter lives in Washington, D.C. with her husband and two sons. She has written a children’s biography of Temple Grandin called “Rescued by a Cow and a Squeeze” and reported on medicine for TIME magazine, The International Herald Tribune, The Washington Post and various women's magazines. Currently she leads creative writing workshops and is working on a memoir.

About the Artists

Larry Chestnut (b. 1982, Chicago) is an artist with autism who draws and paints constantly. A master portraitist and close observer of Chicago architecture, Larry is fascinated by apartment buildings, police cars, hospital dramas and crime shows.

Louis DeMarco (b. 1985, Chicago) is an artist with autism who has developed artistic strategies for describing and coping with his condition, including the creation of maps, blueprints, charts, writing, and original music. In addition to his talents as a visual artist, Louis is bass player and vocalist for the rock band DHF Express.

Adam Hines (b. 1986, Chicago) is an artist with autism whose obsessive mental data bank generates an endless stream of free-associating lists, categories, feats of memory, and colorful drawings. Adam is also the soulful lead singer of the rock band DHF Express.

David Holt (b. 1985, Chicago) is an artist with autism whose paintings possess the devotional zeal of a street preacher and the whimsy of an amusement park ride. His bold colors and emphatic text remind us that life is a party and we are all invited.

Blake Lenoir (b. 1985, Chicago) is an artist with autism whose elaborately detailed colored-pencil drawings have been exhibited all around the country. A lover of nature and an award-winning gardener, Blake is a passionate advocate for people with autism, support for the arts, and wildlife conservation.

Ryan Tepich (b. 1988, Chicago) is an artist with autism and a meticulous draftsman. A diligent student of art historical iconography, Ryan finds inspiration in depictions of saints and angels, from chubby babies with fluffy wings to avenging angels with flaming swords.

George Zuniga (b. 1982) is an artist with autism whose bold compositions and swift strokes are examples of Artism, a term Zuniga coined to describe his work. A self-taught expert on military armaments, television newscasters, Japanese anime, and heavy-metal music, George’s specialty is portraiture of cats and dogs.